

WHEREAS; according to Cleveland Clinic, polycystic ovary syndrome (PCOS) is a hormonal imbalance that occurs when an individual's ovaries create excess hormones; and

WHEREAS; although PCOS is relatively common, affecting approximately one in 10 women of childbearing age, according to the Office on Women's Health (OWH), it is often misdiagnosed as signs and symptoms of PCOS vary from person to person; and

WHEREAS; research suggests that PCOS is one of the most common causes of infertility, and common symptoms of PCOS can include irregular menstruation, abnormal hair growth, obesity, darkening of the skin, ovarian cysts, skin tags, and more; and

WHEREAS; PCOS can also increase an individual's likelihood of developing diabetes, high blood pressure, cardiovascular disease, endometrial hyperplasia, endometrial cancer, sleep disorders, and depression or anxiety; and

WHEREAS; the exact cause of PCOS is unknown, however, according to Cleveland Clinic, factors including insulin resistance, low-grade inflammation, genetics, and high androgen levels may increase the likelihood of PCOS development; and

WHEREAS; while PCOS currently has no cure, treatment often centers around symptom mitigation through medication and lifestyle changes; and

WHEREAS; this month, the state of Wisconsin joins all affected individuals and their families and dedicated advocates and organizations across the state in spreading awareness of PCOS, supporting research, and embracing hope for improved treatments and a cure;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,  
do hereby proclaim September 2024 as

## **PCOS AWARENESS MONTH**

and September 1 2024 as

## **WORLD PCOS DAY**

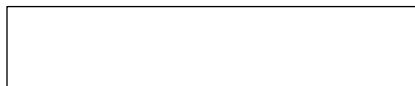
throughout the State of Wisconsin and I commend this observance  
to all our state's residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 23rd day of August 2024.



TONY EVERS, Governor

By the Governor:



SARAH GODLEWSKI, Secretary of State